

How to Expel Your Inner Grouch

Laketon Bethel Church

November 27, 2022

Dr. Sherwin Brantsen

# Sherwin's Ten Reasons for Going to Church Every Sunday

## 1. Renew

Everyone goes through times where enthusiasm for life melts away. We all have times where our faith diminishes. Worship on Sunday renews faith and energizes attitudes for all of life.

## 2. Laugh

Yes. We laugh. Humor is a valuable part of worship. Most of it is unplanned. Sherwin's brother told him years ago that: "People aren't laughing at you because you're funny, they are laughing because you are so stupid..."

## 3. Pray

Face it. You don't pray much. Church services remind you of the importance of prayer. They jump start your prayer life. You learn more about prayer. When your family is with you, they see you praying and that is an example that changes lives.

## 4. Sing

Songs of faith can move mountains of despair. You probably won't like all the songs. But some of them will change your life.

## 5. Help

You will often find ways to help in your community. When you help, it reduces inherent narcissism. You think less of yourself and more of others. You become more grateful for what you have. You become a better person and a happier one.

## 6. Give

Yes. Put in some money. Do something with your cash for God instead of for yourself. Don't expect anything back and you will be surprised at how blessed you are. We all waste money. Here you have an opportunity to do something positive with it.

## 7. Meet

Connect with other people. Laketon Bethel accepts everyone, including you. Many friendships are made on a regular basis. We have great coffee and cookies, which help in all sorts of discussions.

## 8. Learn

The guy up front is trained and experienced and often knows what he is talking about. You will learn something every Sunday.

## 9. Grow

When you put what you learn into practice, you will find positive changes in your life. You will have unstoppable growth in ways you don't always expect.

## 10. Jesus

The church exists because of Jesus. When you participate in it regularly, he is pleased. One day you will meet him face-to-face. If you regularly connect with him through weekly worship services, that meeting will be happy.

## **Order of Worship-9:00am**

Gathering Song

“O Come, O Come, Emmanuel”

Call to Worship

*Advent Reading and Candle*

“Come Thou Long Expected Jesus”

“Give Thanks”

Welcome & Announcements

Congregational Prayer

Worship in Song

“Celebrate Immanuel’s Name”

“O Come Let Us Adore Him”

Crosstalk - “How to Expel Your Inner Grouch”

Offering

“Do You Hear What I Hear?”

Benediction

“The Lord Bless You and Keep You”

## **Order of Worship-11:00am**

Gathering Song

“What if Jesus Comes Back Like That”

Call to Worship

“Here Is Our King”

Welcome & Announcements

Congregational Prayer

Worship in Song

“He Shall Be Called”

“What a Beautiful Name/Agnus Dei”

Crosstalk - “How to Expel Your Inner Grouch”

Offering

“O Come, O Come, Emmanuel”

Benediction

“Rest of Song”

All are welcome to join us for our  
Children's Christmas Program  
on December 11<sup>th</sup> at 11:00am.

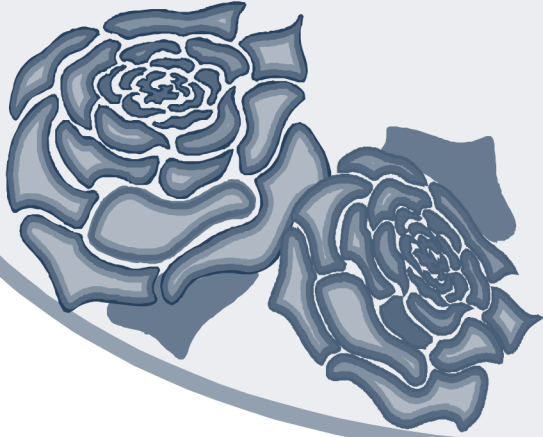
You will enjoy beautiful music and an  
inspiring skit performed by Laketon  
Bethel's Children's Church.



For  
God so  
loved the  
world He gave  
His one and only  
Son that whoever  
believes in Him shall not  
perish but have eternal life  
John  
3:16

**Special Senior of the Week:**

*Please show your support by signing the cards located  
on the table in the entryway.*



**Helen  
Powell**

*Please remember in prayer our friends who are  
battling long-term illnesses:*

*Donald Bayne*

*Bob Hanson*

*Gary Samples*

*Jana Belladone*

*Scott Hladki*

*Joe Shavalier*

*Betty Bonneville*

*Avery Lynn*

*Ida Shealy*

*Larry Budreau*

*J.T. Maskell*

*Sandy Streeter*

*Patti Buurma*

*Tom McKee Sr.*

*Kathy Tabor*

*Craig Carlson*

*Patti Mercer*

*Inga Weavers*

*Amanda Cihak*

*Paul Ortquist*

*Marv Wegner*

*Stephanie Cutler*

*Lynn Pluger*

*Amy Fredericks*

*Shirly Pummell*

*Jacob Geers*

*Aaron Rop*

# Announcements

**Children's Ministry** Children's Church is open to children from Preschool through Fifth Grades during the 11:00 Service.

**Nursery** We are in need of first service volunteers for the nursery. If you are interested in joining this team, see Sally Hendrixon or Joann Petroski or call the office at 744-1749.

## Service Opportunities

**Santa Secret Shop** We are in need of gifts for dads. There is a box by the table in the entryway for your donations. Much thanks!

**Hand2Hand** We are in need of quart and gallon zipper bags. The cheapest we have found are the Walmart brand at Walmart. The donation box is in the entryway by the Hand2Hand sign. Thank you for your donations.

**Coat Drive** We will begin collecting *gently used* winter gear for all ages. You may bring your donation in Tuesday-Friday from 8:30-11:30am and on Sundays. All donations will go to the Mission for Area People.

**Children's Church** We are looking for a few people to assist with Children's Church. You will not have to teach! All we ask is to build relationships with the kids.

The Children's Christmas Program is scheduled for December 11<sup>th</sup> at the beginning of the second service. The kids with speaking parts will practice after the second service for 15 minutes. Please see Tina if you have any questions.

# Today's Scripture

## Ephesians 3, New Living Translation

<sup>16</sup> I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. <sup>17</sup> Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. <sup>18</sup> And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. <sup>19</sup> May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

## Colossians 2, New Living Translation

<sup>6</sup> And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him. <sup>7</sup> Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.

# How to Expel Your Inner Grouch

[a place for your notes]

Do you have an inner grouch?

What must we do after accepting Christ as Lord?

What happens if you let your roots grow down in him?

Is it better to overflow with thankfulness or to ooze grumpiness?

How do cats and rats illustrate moving the inner grouch out?

What happens to the inner grouch if you move gratitude in?

Other Notes:

## November/December Weekly Bible Readings

Date	Day	New Testament	<input checked="" type="checkbox"/>	Special Prayer	Old Testament	<input checked="" type="checkbox"/>
27	Su	Matthew 18			Psalms 5	
28	Mo	Matthew 19			Psalms 6	
29	Tu	Matthew 20			Psalms 7	
30	We	Matthew 21			Psalms 8	
01	Th	Matthew 22			Psalms 9	
02	Fr	Matthew 23			Psalms 10	
03	Sa	Matthew 24			Psalms 11	
04	Su	Matthew 25			Psalms 12	



# LAKETON BETHEL REFORMED CHURCH

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Office hours: 8:30 am – 11:30 pm: Tuesday, Wednesday, Thursday, & Friday

**Pastor** – Dr. Sherwin Brantsen ([drbrantsen@gmail.com](mailto:drbrantsen@gmail.com))

**Director of Operations** – Gary Gifford ([garygifford4@gmail.com](mailto:garygifford4@gmail.com))

## THE PURPOSE OF LAKETON BETHEL:

*“To trust steadily in God, hope unswervingly, love extravagantly. And the best of the three is love.”*

## Laketon Bethel’s Core Values:

### A. ACCEPTANCE:

Everyone, regardless of who they are, what they have done, or what they are doing, will be accepted here. Laketon Bethel will be a safe place to explore your relationship with Jesus.

### B. BIBLE:

The teachings of Jesus, contained in the Bible, are the final authority for faith and practice. We will study these teachings with open minds and the best scholarship available.

### C. CONNECTION:

We invite people to connect with Jesus and with each other in all that we do.

## OUR CONSISTORY

### Elders

Kyle Bogner, Dave Deboer, Gay Hudson,  
Larry Joslyn, Amy Kunnen, Ed Luzadder,  
Jason Peterson, Ron Zant

### Deacons

Brent Ackerman, Jon Brantsen, Greg Fick,  
Mike George, Alex Lassow, Doug Lubbers,  
Kris Meyers, Rita Sikkenga