

7 Ways to Defeat a Bad Mood



Laketon Bethel Church

January 2, 2022

Dr. Sherwin Brantsen

Order of Worship-9:00am

We Approach Our Friend

Welcome

Prayer of Confession and Reminder of Pardon

Responsive Reading

“Now I Belong to Jesus”

“The Light of the World Is Jesus”

“Wonderful Grace of Jesus”

“Jesus Loves Me”

Congregational Prayer

Offerings-We Give Back

“Forever with Everlasting God”

We Learn, Remember and Renew

Crosstalk - “7 Ways to Defeat a Bad Mood”

Benediction

“Praise God from Whom All Blessings Flow”

Order of Worship-11:00am

We Approach our Friend

Welcome

Prayer of Confession and Reminder of Pardon

Response of Praise

“Another In the Fire”

“Yes I Will”

Congregational Prayer

Offerings-We Give Back

“All My Hope”

We Learn, Remember and Renew

Crosstalk - “7 Ways to Defeat a Bad Mood”

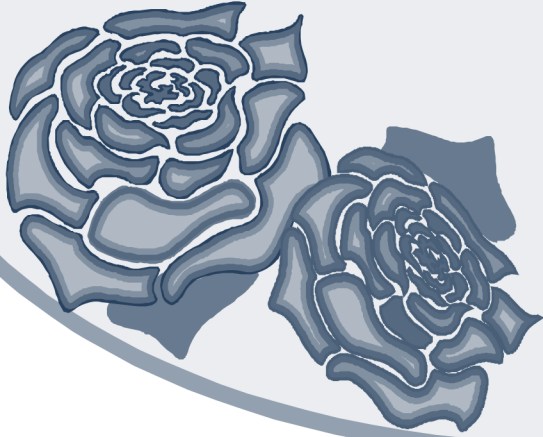
We Respond to Our Friend

Benediction

“Yes I Will”

Special Senior of the Week:

*Please show your support by signing the cards located
on the table in the entryway.*



***Ardeth
Pulsipher***

***Please remember in prayer our friends who are
battling long-term illnesses:***

Donald Bayne

Jana Belladone

Betty Bonneville

Larry Budreau

Patti Buurma

Craig Carlson

Amanda Cihak

Stephanie Cutler

Amy Fredericks

Jacob Geers

Bob Hanson

Scott Hladki

Avery Lynn

J.T. Maskell

Tom McKee Sr.

Patti Mercer

Paul Ortquist

Lynn Pluger

Shirly Pummell

Aaron Rop

Gary Samples

Joe Shavalier

Ida Shealy

Sandy Streeter

Kathy Tabor

Inga Weavers

Marv Wegner

Announcements

Children's Ministry Children's Church is open to children from Preschool through Fifth Grades. Families can now register their kids on our web page. The Nursery will not be staffed at this time, but will be open as a cry room and changing station. For any questions, please call the office at 744-1749.

LBC Youth Group If you're a 6th-12th grader, or you know one and would like to attend our next youth meeting, we would love to have you! Please reach out to Ashley Cleary by text/phone at (231) 747-0136 to register your child, be added to our parent email list, have any questions or would like more information about youth and children's ministries.

Christian Care Board of Directors Laketon Bethel has been represented by Dave Sietsema on the Board of Director for a number of years. Dave has decided it is time for him to retire from the Board. We are asking if anyone in the congregation has interest in filling his position on the Board to contact the church office. Dave has agreed to meet with anyone interested to share what a Board member does. Please give this prayerful consideration.

Sunday Volunteers

1st Service Coffee: Kathy Young

Second Service Coffee: Jim & Theresa Hanley



Selections from Romans 12, from The Message

12¹⁻² So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

9-10 Love from the center of who you are; don't fake it. Run for dear life from evil; hold on for dear life to good. Be good friends who love deeply; practice playing second fiddle.

11-13 Don't burn out; keep yourselves fueled and aflame. Be alert servants of the Master, cheerfully expectant. Don't quit in hard times; pray all the harder. Help needy Christians; be inventive in hospitality.

14-16 Bless your enemies; no cursing under your breath. Laugh with your happy friends when they're happy; share tears when they're down. Get along with each other; don't be stuck-up. Make friends with nobodies; don't be the great somebody.

17-19 Don't hit back; discover beauty in everyone. If you've got it in you, get along with everybody. Don't insist on getting even; that's not for you to do. "I'll do the judging," says God. "I'll take care of it."

20-21 Our Scriptures tell us that if you see your enemy hungry, go buy that person lunch, or if he's thirsty, get him a drink. Your generosity will surprise him with goodness. Don't let evil get the best of you; get the best of evil by doing good.

7 Ways to Defeat a Bad Mood

[a cross talk from Romans 12, the Message]

1. Be _____ for the little things.
2. Let God _____ you up.
3. _____ sacrificially and constantly.
4. Be cheerfully _____ of the good.
5. Be a true _____.
6. Let God worry about what is _____.
7. Get the best of evil by doing _____.

Other Notes:

January Weekly Bible Readings

Date	Day	New Testament	<input checked="" type="checkbox"/>	Special Prayer	Old Testament	<input checked="" type="checkbox"/>
02	Su	Hebrews 5			Deuteronomy 2	
03	Mo	Hebrews 6			Deuteronomy 3	
04	Tu	Hebrews 7			Deuteronomy 4	
05	We	Hebrews 8			Deuteronomy 5	
06	Th	Hebrews 9			Deuteronomy 6	
07	Fr	Hebrews 10			Deuteronomy 7	
08	Sa	Hebrews 11			Deuteronomy 8	
09	Su	Hebrews 12			Deuteronomy 9	

LAKETON BETHEL REFORMED CHURCH

1568 W.Giles Rd. Muskegon, Mi. 49445

Ph. #744-1749 Fax #744-2848

Website address: laketonbethel.org & e-mail: lbrcoffice@gmail.com

Office hours: 8:30 am – 11:30 pm: Tuesday, Wednesday, Thursday, & Friday

Pastor – Dr. Sherwin Brantsen (drbrantsen@gmail.com)

Director of Operations – Gary Gifford (garygifford4@gmail.com)

THE PURPOSE OF LAKETON BETHEL:

“To trust steadily in God, hope unswervingly, love extravagantly. And the best of the three is love.”

Laketon Bethel’s Core Values:

A. ACCEPTANCE:

Everyone, regardless of who they are, what they have done, or what they are doing, will be accepted here. Laketon Bethel will be a safe place to explore your relationship with Jesus.

B. BIBLE:

The Bible is the final authority for faith and practice. We will study it with open minds and the best scholarship available.

C. CONNECTION:

We invite people to connect with Jesus and with each other in all that we do.

OUR CONSISTORY

Elders

Gay Hudson, Larry Joslyn, Amy Kunnen,
Ed Luzadder, Grant Meyers, Jason Peterson,
Louanne Utzinger, Ron Zant

Deacons

Kathy Andrews, Jon Brantsen, Greg Fick,
Kathy Forrester, Mike George, Alex
Lassow, Rita Sikkenga, Kathy Young